



Learn Beyond

**KPR Institute of Engineering and Technology**

(Autonomous, NAAC "A")

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**TALKERZ004****NBA Accredited**

(CSE, ECE, EEE, MECH, CIVIL)

**EXPERT TALK ON WHY MILLETS?**

<b>Event No</b>	TALKERZ004
<b>Organizing Department</b>	Sweet Talkerz
<b>Associate Dept.   NSC</b>	Ignitron Clubs
<b>Date</b>	23/01/2023
<b>Time</b>	10:30 AM to 01:00 PM
<b>Event Type</b>	Club Activity
<b>Event Level</b>	Club Society
<b>Venue</b>	Thanam Hall
<b>Total Participants</b>	90
<b>Students - Internal</b>	90

**Related SDG****Resource Persons**

Sl	Type	Name	Designation	Company	Email	Phone
1	Resource Person	Princely Samuel	Senior Associate, Trainer	Infosys - L & D Education	prince.eng7@gmail.com	xxxxxxxxxx

**Involved Staffs**

Sl	Name	Role
1	Brindha S	Coordinator

**Outcome**

The Event created an awareness on millets and having an healthy living. The speaker Mr. Princely spoke about the economic importance of millets and role of millets in health. The speaker also addressed that 2023 will provide an opportunity to increase global production, efficient processing and better use of crop rotation and promote millets as a major component of the food basket. He also stated that millet is rich in dietary fiber, both soluble and insoluble.

**Event Summary**

The Sweet Talkerz Club of Team IGNITRRON organised EXPERT TALK for all the students of KPRIET on 23.01.2023, as a part of Celebrating Millets. UNGA declared 2023 as the International Year of Millets in March 2021. India pushed for recognising the importance of millet and creating a domestic and global demand along with providing nutritious food to the community. UN dedicates 2023 to greater efforts in producing millets given their nutritional properties and resilience in adapting to climate change. Mr. Princely Samuel S , Senior Associate, Trainer @ Infosys- L&D Education, Training & Assement was the speaker of the event. The event was held at Thanam hall. The event was started by 11.00 PM and ended at 12.15 PM. Nearly 250 participants eagerly attend this event. The speaker Mr. Princely spoke about the economic importance of millets and role of millets in health. The speaker also addressed that 2023 will provide an opportunity to increase global production, efficient processing and better use of crop rotation and promote millets as a major component of the food basket. He also stated that millet is rich in dietary fiber, both soluble and insoluble. The insoluble fiber in millet is known as a "prebiotic," which means it supports good bacteria in your digestive system. This type of fiber is also important for adding bulk to stools, which helps keep you regular and reduces your risk of colon cancer. The event ended successfully with positive feedback and was fruitful to students . .

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